



LIBRARY LINK

COVID-19 Workplace



July 2022

Issue 31

Post COVID-19 Workplace Newsletter

Library Link: Post-COVID-19 Workplace is a monthly compilation of news, advice and best practices for working during and beyond the pandemic. This issue features articles on **Forging a New, Better Workplace** and **Health & Wellbeing**.

The Post-COVID-19 Workplace newsletter will take a break next month for the Summer Slowdown. See you again in September! Email us at Library@IMF.org to get help with any links, or to share your feedback. For an optimal reading experience, use Chrome or Edge to open the articles.

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Forging a New, Better Workplace

[The Future of Work: Themes, Trends and Technologies](#) (Nasdaq, July 15, 2022)

It’s no secret that the workplace has been forever changed by the pandemic. It’s a period of strife and confusion, but one that has a tremendous amount of potential to disrupt the status quo and introduce a model that could provide a blueprint for generations to come. As companies try to find balance once again, things continue to change. But even as that settling occurs, a number of trends stand out.

[Make Your Next Meeting ‘Tactical’](#) (Financial Times, July 6, 2022)

Plus, how hybrid work affects women and the limited success of skills boot camps. (Requires a FT login, [access instructions](#))

[The Way We Work Has Changed. So Should Offices.](#) (Bloomberg.com, July 12, 2022)

The office of the future has the capacity to accelerate change and to support a totally new kind of work and workforce.

[Is Hybrid Work a Trap for Women?](#) (Financial Times, July 5, 2022)

This is an audio transcript of the Working It podcast episode: Is hybrid work a trap for women? Many women want flexibility but there is evidence it is not good for their careers. (Requires a FT login, [access instructions](#))

Health & Wellbeing

[How to Deal With Work Stress and Recover From Burnout \(Smithsonian Magazine, July 18, 2022\)](#)

These evidence-based strategies can help you achieve healthy work-life balance.

[Workplace Well-Being: Stress Increasing Since COVID-19 Began \(World Economic Forum, July 12, 2022\)](#)

Employees nowadays are stressed, most of their worries stemming from Covid-19, long hours, and unsustainable workplace expectations just to name a few. Thusly, employers need to be more mindful of their employees well-being.

[Now or Later? When to Get a Covid Booster Shot \(NBC News, July 14, 2022\)](#)

For those who are concerned, the suggestion is that sooner, rather than later is best for getting a Covid booster shot.

[With BA.5 on the Rise, What Should Event Organizers Keep in Mind? An Expert Explains \(CNN, July 14, 2022\)](#)

For those planning events in the near future, it is essential that organizers try their best to maintain sensible precautions as necessary.

Missed an issue? Find past Post Covid-19 Workplace newsletters [here](#).

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Compiled by the Library Client Services Team

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